



Course Rating 72.9

Women's Red Internal (from 28 Oct 2025)

Par 73

Slope 137

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+6	22.8 to 23.5	28
+4.4 to +3.7	+5	23.6 to 24.4	29
+3.6 to +2.9	+4	24.5 to 25.2	30
+2.8 to +2.0	+3	25.3 to 26.0	31
+1.9 to +1.2	+2	26.1 to 26.8	32
+1.1 to +0.4	+1	26.9 to 27.7	33
+0.3 to 0.4	0	27.8 to 28.5	34
0.5 to 1.3	1	28.6 to 29.3	35
1.4 to 2.1	2	29.4 to 30.1	36
2.2 to 2.9	3	30.2 to 31.0	37
3.0 to 3.7	4	31.1 to 31.8	38
3.8 to 4.6	5	31.9 to 32.6	39
4.7 to 5.4	6	32.7 to 33.4	40
5.5 to 6.2	7	33.5 to 34.3	41
6.3 to 7.0	8	34.4 to 35.1	42
7.1 to 7.9	9	35.2 to 35.9	43
8.0 to 8.7	10	36.0 to 36.7	44
8.8 to 9.5	11	36.8 to 37.6	45
9.6 to 10.3	12	37.7 to 38.4	46
10.4 to 11.2	13	38.5 to 39.2	47
11.3 to 12.0	14	39.3 to 40.0	48
12.1 to 12.8	15	40.1 to 40.9	49
12.9 to 13.6	16	41.0 to 41.7	50
13.7 to 14.5	17	41.8 to 42.5	51
14.6 to 15.3	18	42.6 to 43.3	52
15.4 to 16.1	19	43.4 to 44.2	53
16.2 to 16.9	20	44.3 to 45.0	54
17.0 to 17.8	21	45.1 to 45.8	55
17.9 to 18.6	22	45.9 to 46.6	56
18.7 to 19.4	23	46.7 to 47.5	57
19.5 to 20.2	24	47.6 to 48.3	58
20.3 to 21.1	25	48.4 to 49.1	59
21.2 to 21.9	26	49.2 to 49.9	60
22.0 to 22.7	27	50.0 to 50.8	61

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
50.9 to 51.6	62		
51.7 to 52.4	63		
52.5 to 53.2	64		
53.3 to 54.0	65		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.



Course Rating 75.1

Women's Winter (from 28 Oct 2025)

Par 74

Slope 142

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+5	22.6 to 23.3	30
+4.4 to +3.7	+4	23.4 to 24.1	31
+3.6 to +2.9	+3	24.2 to 24.9	32
+2.8 to +2.1	+2	25.0 to 25.7	33
+2.0 to +1.3	+1	25.8 to 26.5	34
+1.2 to +0.5	0	26.6 to 27.3	35
+0.4 to 0.3	1	27.4 to 28.1	36
0.4 to 1.1	2	28.2 to 28.9	37
1.2 to 1.9	3	29.0 to 29.7	38
2.0 to 2.7	4	29.8 to 30.5	39
2.8 to 3.5	5	30.6 to 31.3	40
3.6 to 4.2	6	31.4 to 32.1	41
4.3 to 5.0	7	32.2 to 32.9	42
5.1 to 5.8	8	33.0 to 33.7	43
5.9 to 6.6	9	33.8 to 34.5	44
6.7 to 7.4	10	34.6 to 35.3	45
7.5 to 8.2	11	35.4 to 36.1	46
8.3 to 9.0	12	36.2 to 36.9	47
9.1 to 9.8	13	37.0 to 37.7	48
9.9 to 10.6	14	37.8 to 38.5	49
10.7 to 11.4	15	38.6 to 39.3	50
11.5 to 12.2	16	39.4 to 40.1	51
12.3 to 13.0	17	40.2 to 40.9	52
13.1 to 13.8	18	41.0 to 41.6	53
13.9 to 14.6	19	41.7 to 42.4	54
14.7 to 15.4	20	42.5 to 43.2	55
15.5 to 16.2	21	43.3 to 44.0	56
16.3 to 17.0	22	44.1 to 44.8	57
17.1 to 17.8	23	44.9 to 45.6	58
17.9 to 18.6	24	45.7 to 46.4	59
18.7 to 19.4	25	46.5 to 47.2	60
19.5 to 20.2	26	47.3 to 48.0	61
20.3 to 21.0	27	48.1 to 48.8	62
21.1 to 21.8	28	48.9 to 49.6	63
21.9 to 22.5	29	49.7 to 50.4	64

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
50.5 to 51.2	65		
51.3 to 52.0	66		
52.1 to 52.8	67		
52.9 to 53.6	68		
53.7 to 54.0	69		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.